THE IMPACT OF SOCIO-ECONOMIC CRISIS ON MENTAL HEALTH OF CHILDREN AND ADOLESCENTS

Ευγενία Σουμάκη, MD, PhD

- Παιδοψυχίατρος - Ψυχαναλύτρια
- Επιστημονικά Υπεύθυνη στη Διαγνωστική και Θεραπευτική Μονάδα για το Παιδί «Σπ. Δοξιάδη»

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- Child and Adolescent Psychiatry (since 1981 independent specialty)

- Hellenic Society of Child and Adolescent Psychiatry (since 1983 member of ESCAP and UEMS)


- CAP Departments in 4 Universities (Athens, Thessaloniki, Patras, Thrace)


- National Health Care System (CAMHS)
Public Sector

- Child Guidance Clinics
- Child Psychiatry Departments in General Hospitals
- Community Mental Health Centers
- Day Centers
- Mobile units (islands, province)
- Child Psychiatry Hospital (2006)

Private Sector

- Non-Governmental Organizations
- Child Psychiatrists
- Other mental health professionals
Family – crisis

Adolescence

Media

Models for identification

School
A recent survey in a representative sample of both public and private child psychiatric institutions in Athens, Piraeus, and Thessaloniki compared data from 2007 and 2011 (two years before and two years after the implementation of austerity measures). Findings revealed a 39.8 % increase in new cases in public outpatient services for children and 25.5 % for adolescents, while percentages have dropped by a total of 35.4 % in the private sector between the years 2007 and 2011. As a result, both the waiting list and waiting time are now longer. In most CAMHS, the waiting time for ordinary cases has tripled and is now longer than a month, while in special cases, it can be up to 1 year. Thus, negative factors for the quality of services provided continue to accumulate.
Findings from the survey mentioned above showed that cases of psycho-social problems have risen by 40 %, cases of conduct disorders have risen by 28 %, cases of suicide attempts have risen by 20 %, cases of school refusal have risen by 25 %, cases of bullying have risen by 22 %, cases of the use of illegal addictive substances have risen by 19 %, and cases of family discord have risen by 51 % (due to parental unemployment, serious financial problems, and exorbitant debts). Data from adolescent inpatient units showed an admission increase of up to 84 %, with diagnoses on admission of borderline conditions, severe behavioural disorders, acute psychotic crises, self-harm behaviours, and other similar conditions constituting 78 % of the total cases in 2011, compared to only 48 % in 2007.
Δασκάλα Ελεάννα Ζάρκου,
19ο δημοτικό σχολείο Νίκαιας, 6η τάξη δημοτικού.
ΟΙΚΟΝΟΜΙΚΗ ΚΡΙΣΗ
Οι πολίτες δεν ανταποδοτούν. Αλλοι κοιμούνται ζωτικά δρομούς. Αλλοι ψάχνουν στα σκουπίδια. Δεν ανταποδοτούμε αλλο.
Νου είναι

[Drawing of a person and some houses with speech bubbles containing text in Greek]
ΚΑΤΑΣΤΗΜΑ ΡΟΥΧΩΝ
Ένα έγχρωμο σχέδιο με τον όρο "ΕΥΡΩ" και την ονομασία "ΔΡΑΧΜΗ". Στο μέσο του σχεδιασμού υπάρχουν αριθμοί σε ευρωπάτες τραπεζογραμματίες και χρωματισμένα σημαντικά στοιχεία. Η ένωση αυτών των στοιχείων δημιουργεί έναν εμφανιστικό γεγονότο. Επιπλέον, μπορεί να υπάρχουν γραπτά σημείωμα που αναφέρονται σε αυτόν τον σχέδιο.